

## **Anticipating Behaviors**

## **Activity Overview**

The purpose of this activity is to help you anticipate challenging behaviors that may occur and determine which positive behaviors you would like to see more often. In this way, planning happens before challenging behaviors occur.

## **Directions**

Think about your own environment and fill out the form below as you consider the following questions. What behaviors do you expect to see from the children? What behaviors have children already learned? What behaviors would you like to see less of? What behaviors would you like to see more of? It may be helpful to think through your daily schedule and routines to identify potential challenges.

| What I want to see less of:             | What I want to see more of:                     |
|---|---|
| Example: Not listening to a story<br>1. | Example: Children's eyes on the storybook<br>1. |
| 2.                                      | 2.  |
| 3.                                      | 3.  |
| 4.                                      | 4.  |
| 5.                                      | 5.  |

